

# Disneyland Must Eat Items:

- 🐻 Apple-Granola Pancakes (Carnation Cafe)
- 🐻 Seasonal Beignets (Mint Julep Bar)
- 🐻 Mint Julep (Mint Julep Bar OR Cafe Orleans)
- 🐻 Beignets (Mint Julep Bar OR Cafe Orleans)
- 🐻 Pommes Frites (Cafe Orleans)
- 🐻 Bread Pudding (Cafe Orleans)
- 🐻 Chocolate-Caramel Apple (Pooh's Corner)
- 🐻 Tigger Tail (Pooh's Corner)
- 🐻 Lobster Galley Chips (Harbor Galley)
- 🐻 Dole Whip Float (Tiki Juice Bar)
- 🐻 Raspberry Rose Macaron (Jolly Holiday Bakery)
- 🐻 Frosted Sugar Cookies (Jolly Holiday Bakery)
- 🐻 Matterhorn Coconut Macaroon (Jolly Holiday Bakery)
- 🐻 Frozen Fanta Blue Raspberry (Edelweiss Snack Cart)
- 🐻 Lobster Roll (Harbor Galley)
- 🐻 Fried Chicken Meal (The Plaza Inn)

## It's Good Food if You Can Get It:

- 🐻 Pork Belly Skewer (Bengal Cafe)
- 🐻 Monte Cristo Sandwich (Cafe Orleans)
- 🐻 Grey Stuff Gateau (Red Rose Taverne)
- 🐻 French dip sandwich (French Market)
- 🐻 Peach Cobbler (French Market)
- 🐻 Minute Maid Frozen Apple Juice (Edelweiss Snack Cart)
- 🐻 Breakfast sandwich (Market house)
- 🐻 Jelly Donut (Market house)
- 🐻 Gaston Punch (Red Rose Taverne)
- 🐻 Cheddar Garlic Twist (Maurice's)
- 🐻 Chewbacca Cheesecake (Red Rocketts)
- 🐻 New Orleans Fritters (Royal Street Veranda)

[www.sugarspiceandglitter.com](http://www.sugarspiceandglitter.com)

## Must Eat Items at Both Parks:

- 🐻 Mickey or Cars Waffles
- 🐻 Churro Carts
- 🐻 S'mores Bar
- 🐻 Hand-dipped Corn Dogs
- 🐻 Mickey Premium Ice Cream Bar
- 🐻 Chili-Lime Corn on the Cob

# California Adventures Must Eat Items:

- 🐻 Brioche French Toast (Flo's V8 Cafe)
- 🐻 Hand Pies (Flo's V8 Cafe)
- 🐻 Vodka and Pomegranate Limeade (Cozy Cones Motel)
- 🐻 Red's Apple Freeze (Cozy Cones Motel)
- 🐻 Bacon Mac and Cheese Served in a Bread Cone (Cozy Cones Motel)
- 🐻 Coffee or Hot Chocolate (Ghiradelli)

## It's Good Food if You Can Get It:

- 🐻 Banana Corn Dog (Award Wieners)
- 🐻 Bavarian Pretzel (Sonoma Terrace)
- 🐻 Hand-dipped Ice Cream Bar (Clarabelle's)
- 🐻 Clam Chowder in a Bread Bowl (Pacific Wharf Cafe)
- 🐻 Whoopie Pie (Schmozzies)
- 🐻 Potato Skins (Lamplight Lounge)
- 🐻 Memory Refresher (Bing Bong's)
- 🐻 Jack Jack's Cookie Num Num (Cookie Cart)
- 🐻 Fun Wheel Cocktail (Lamplight Lounge)