

# grocery list

Week of:



## produce

zucchini  
red onion  
yellow corn  
fresh basil  
bell peppers  
sweet potatoes  
garlic cloves  
cilantro  
shallots  
mint leaves  
cherry tomatoes  
carrots



## pantry & frozen

salt  
black pepper  
olive oil  
cornmeal  
flour  
Italian Seasoning  
red pepper flakes  
coconut oil  
Worcestershire sauce  
mayo  
black beans  
lime juice  
hot sauce  
graham crackers  
Hershey's Milk Chocolate  
Cool Whip



## meat & dairy

ricotta cheese  
mozzarella  
ground turkey  
butter  
milk



*Study at Home Mama*

## other

Whole Wheat Thin Crust Pizza  
Sanpellegrino Sparkling Orange  
cranberry juice



## household



## bakery